

Parents Matter

Havana Area Prevention Team

What Does the Data Tell Us?

Special points of interest:

- Mason County IYS results
- Where to find other IYS reports
- Prevention Team Contact Info

One of the goals of the Prevention Team is to promote healthy, happy, and responsible lifestyles for area youth and families. One way of reaching this goal is by sharing important prevention information with parents and guardians.

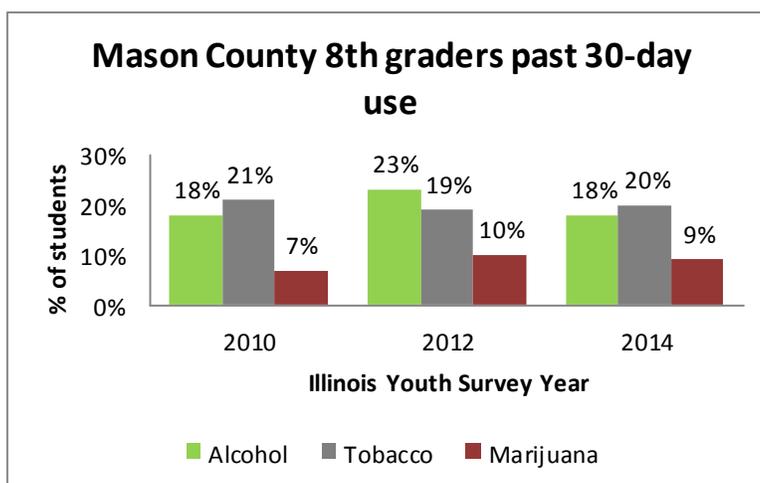
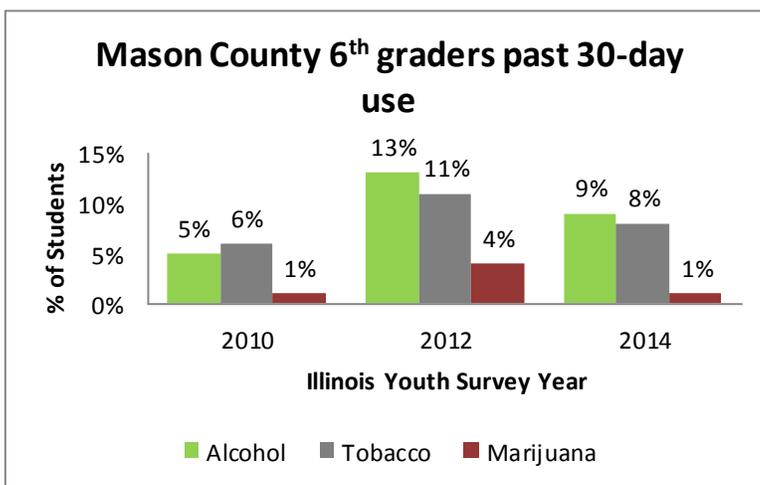
Included in this issue are the latest comparisons from the Mason County Illinois Youth Survey. The Illinois Youth Survey (IYS) is a self-reported adolescent survey

administered in Illinois schools and funded by the Illinois Department of Human Services. It is designed to gather information about a variety of health and social indicators including the use of gateway substances and other drugs, violence, bullying, depression, perceptions of school climate, nutrition and fitness. It provides aggregate data for local schools, communities, counties, and state agencies. Because of procedures for students to submit their answers anonymously, results tend to be very accurate.

Provided in these charts are trends over the last three survey years (2010, 2012, 2014) as reported by 6th and 8th grade students across Mason County.

Overall, past 6th grade use rates have declined from 2012 to 2014. In other words, fewer 6th grade students are currently using alcohol, tobacco, and marijuana than were using two years ago. This is a positive trend, yet steps still can be taken. It is still vital for parents to start and continue the conversation with their student. The 8th grade results show decrease in alcohol use but essentially level (plus or minus 1 per cent) use of tobacco and marijuana.

(continued on next page)



REFERENCE

Illinois Youth Survey— Mason County Report—<http://iys.cprd.illinois.edu/home/results/county>
 U.S. Department of Health and Human Services Administration, "The Surgeon General's Call To Action to Prevention and Reduce Underage Drinking: A Guide to Action for Families"

Havana Area **PREVENTION TEAM**

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Promotes comprehensive community-wide prevention efforts.

Empowers youth & families to develop and lead healthy lifestyles.

Havana Area Prevention Team is a non-profit organization that seeks to promote:

- Healthy, happy, and responsible lifestyles for area youth and families.
- Awareness of positive alternatives and support of positive actions and activities for youth and families in and around the Havana area.

Happy Holidays from HAPT



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What Does the Data Tell Us? - continued

There are opportunities every day to turn ordinary times like driving your child to school or to the mall, or watching TV together into teachable moments. It may be difficult to sometimes find time, but just a little of your time once in a while can make a lifetime of difference.

Teens who learn about the risks of drug use from their parents or caregivers are less likely to use drugs than those who don't. **Parents are the most important influence in their kid's lives.**

Many parents don't realize that they play a crucial role in their teen's decision not to use drugs and alcohol. Two-thirds of youth ages 13-17 say losing their parent's respect and pride is one of the main reasons they don't use drugs or alcohol.

Would you like to review the reports?

Please visit

<http://iys.cprd.illinois.edu/home/results/county>
to see reports from current and past survey years.

For more information about continuing the conversation please visit
samhsa.gov/underage-drinking